

# North West London Y.A. Cross Country League

Fixture held at Alexandra Park, Hornsey.

Saturday November 26<sup>th</sup> 2011

Girls Under 11 2100 metres

1	F. Starkey.	ESM	8.26
2	C. Turner	Hig	8.30
3	C. Buckley	TVH	8.34
4	F. Ham	Bar	8.48
5	E. Harrington	HRW	8.57
6	E. Sharpe	Orion	9.03
7	E. Willets	Hig	9.07
8	M. Groom	Bar	9.20
9	C. Rosario	Hig	9.37
10	S. Basu	ESM	9.39
11	M. Penfold	Orion	9.41
12	E. Abadesso	SH Bar	9.42
13	M. Lloyd	TVH	9.49
14	E. Bruno	Hig	9.50
15	E. Mapp	Orion	9.50
16	P. Crockford	LH	9.51
17	C. Gray	TVH	9.53
18	G. Harper	SH Bar	9.56
19	M. Abel	LH	9.57
20	D. Brock	Hig	9.59
21	A. Johnson	Hig	9.59
22	Z. Hooley	TVH	10.03
23	S. Harizi	Enf & H	10.04
24	S. Goodgart	TVH	10.05
25	S. Kent	Bar	10.08
26	L. Knight	ESM	10.12
27	B. Chambers	Orion	10.43
28	E. Smith	T. Pk	10.51
29	A. Nugent	T. Pk	10.57
30	C. Sweeney	HRW	11.17
31	B. Doolan	Hig	11.20
32	E. Knight	ESM	11.29
33	I. Millet	Hig	11.36
34	E. Weston	Orion	11.46
35	R. Fateh	LH	12.04
36	L. Argent-Bowie	T.Pk	12.07
37	Z. Watts	LH	12.17
38	R. Heather	T.Pk	13.02
39	K. Ryan	T.Pk	17.45

## Teams

1	Highgate Hrs 'A'	18
2	Orion Hrs	32
3	TVH	33
4	Barnet & District	37
5	Ealing, Southall & Mx	37
6	Highgate Hrs 'B'	55
7	London Heathside	70
8	Shaftesbury Barnet'	70
9	Harrow	75
10	Trent Park RC	93

# NORTH WEST LONDON Y.A. CROSS COUNTRY LEAGUE

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## Girls Under 13 2950 metres

1	L. Langford.	SH Bar	12.46
2	M. Wilson	HRW	12.50
3	I. Weir	TVH	12.56
4	C. Marshall	ESM	13.13
5	S. Broomhead	HRW	13.40
6	J. Cubitt	TVH	13.40
7	E. Wallace	ESM	13.42
8	K. Weir	TVH	13.43
9	C. Kafero-Roberts	TVH	13.52
10	C. Kelsey	SH Bar	13.54
11	M. Harrison	LH	13.55
12	E. Wallace	ESM	14.00
13	O. Laidler	LH	14.03
14	M. Atherton	ESM	14.17
15	R. Haddow	HRW	14.22
16	I. Barnes	TVH	14.33
17	M. Harman	ESM	14.54
18	G. Emanuel	Bar	13.05
19	M. Doolan	Hig	13.37
20	C. Lynch	ESM	16.39
21	S. White	Bar	19.03

## Girls Under 13 Teams

1	TVH	17
2	Harrow	22
3	Ealing, Southall & Mdx 'A'	23
4	Shaftesbury Barnet	33
5	London Heathside	46
6	Ealing, Southall & Mdx 'B'	51
7	Barnet & District	61
8	Highgate Hrs	63

# NORTH WEST LONDON Y.A. CROSS COUNTRY LEAGUE

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## Girls Under 15 3820 metres

1	E. Hatchett	Enf & H	16.05
2	C. Dannel	Enf & H	16.08
3	E. Goodhart	TVH	16.32
4	N. Munro	TVH	16.43
5	E. Dwann	SH Bar	17.08
6	G. Casciello	SH Bar	17.13
7	G. Weston	LH	17.14
8	B. Tesfu	ESM	17.16
9	D. Aslam	Enf & H	17.20
10	L. Beckford	LH	17.26
11	L. Gee	LH	17.33
12	O. Will	ESM	17.42
13	A. Maude	ESM	18.01
14	K. Watkins	HRW	18.19
15	R. Bell	ESM	18.43
16	C. McIntyre	HRW	19.00
17	K. Hatchett	Enf & H	19.32
18	H. Mackinney	LH	19.53
19	O. Curran	Bar	21.30

## Girls under 15 Teams

1	Enfield & Haringey	12
2	TVH	27
3	London Heathside	28
4	Shaftesbury Barnet.	31
5	Ealing, Southall & Mdx	33
6	Harrow	50
7	Barnet & District	59

## Women Under 17 5120 metres

1	F. Lenton.	SH Bar	21.05
2	H. Viner	Hig	21.47
3	C. Michael	Bar	22.26
4	Y. Raykov	LH	23.20
5	R. Johnson	ESM	23.27
6	K. Jackson	LH	27.06

## Under 17 Women Teams

1	Shaftesbury Barnet	15
2	Highgate Hrs	16
3	London Heathside	17
4	Barnet & Dist	17
5	Ealing, Southall & Mdx	19

# NORTH WEST LONDON Y.A. CROSS COUNTRY LEAGUE

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## Boys Under 11 2100 metres

1	J. Harper...	SH Bar	7.40
2	G. Goodhart	TVH	8.01
3	L. Bluemink	Enf & Har	8.06
4	N. Cowley-Andrea	TVH	8.09
5	O. Cowley-Andrea	TVH	8.23
6	C. Gallagher	Hig	8.25
7	G. Barnes	TVH	8.26
8	E. Cinnamon	SH Bar	8.26
9	W. Carstang	Bar	8.37
10	S. Butcher	Hig	8.40
11	L. Bunn	HRW	8.41
12	A. Rogers	SH Bar	8.43
13	L. Garrett	LH	8.46
14	O. Gallagher	Hig	8.48
15	C. Campbell	Orion	8.49
16	G. Van Jaarsveldt	HRW	8.50
17	T. Machin-Paley	Hig	8.55
18	R. Dunn-Lowes	HRW	8.58
19	T. Wallace	ESM	8.59
20	A. Dunn-Lowes	HRW	9.01
21	J. Heather	Trent Pk	9.03
22	E. North	SH Bar	9.12
23	A. Carstang	Bar	9.14
24	R. Leverett	ESM	9.15
25	B. Bellisario	SH Bar	9.16
26	L. Norton	Trent Pk	9.24
27	S. Randall	Hig	9.34
28	M. Carstang	Bar	9.36
29	M. Holme	LH	9.40
30	R. O'Goan	HRW	9.41
31	O. McGahon	Trent Pk	9.41
32	T. Leverett	ESM	9.41
33	A. Keeley	HRW	9.44
34	M. Morawski	ESM	9.45
35	A. Johnson	Hig	9.49
36	E. McArdle	Trent Pk	9.59
37	W. Ruskin	Hig	10.03
38	D. Johnson	Hig	10.07
39	C. Morris	HRW	10.12
40	A. Addison	Hig	10.43
41	A. Knight	Trent Pk	10.51
42	C. Morris	Hig	10.57
43	O. Hurrey	LH	11.10
44	J. Chambers	Orion	11.17

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## Boys Under 11 Teams

1	TVH	18
2	Shaftesbury Barnet	43
3	Highgate Hrs 'A'	47
4	Harrow	65
5	Barnet & District	105
6	Ealing, Southall & Mdx	109
7	Trent Park	114
8	London Heathside	130
9	Highgate Hrs 'B'	137
10	Enfield & Haringey	138
11	Orion Hrs	149

# NORTH WEST LONDON Y.A. CROSS COUNTRY LEAGUE

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## Under 13 Boys 2950 metres

1	A.Spink.	ESM	11.31
2	O. O'Cuill	HRW	11.37
3	W. Stibbs	SH	11.59
4	A. Mendes Da Costa	TVH	12.06
5	K. Mahaddine	TVH	12.06
6	J. Hayden	Enf Har	12.16
7	F. Bordet-Stead	SH Bar	12.24
8	L. Burrell	TVH	12.27
9	C. Rathbone	TVH	12.34
10	A. Kuri	Bar	12.37
11	R. Kent	Bar	12.39
12	M. Buckley	TVH	12.53
13	D. Wilks	ESM	12.59
14	A. Weston	LH	13.03
15	R. Farren	ESM	13.07
Guest	J. Bluemink	Enf Har	13.10
16	C. O'Sullivan	SH Bar	13.15
17	S. Smart	SH Bar	13.23
18	H. Cavell	Hig	13.33
19	S. Morris	Hig	13.39
20	B. Shindler-Glass	ESM	13.47
21	C. Mackinney	LH	13.59
22	T. Horrex	TVH	14.09
23	E. Horesh	LH	14.52
24	L. Murphy	Bar	16.22
25	B. Fredericks	TVH	16.43

## Under 13 Boys Teams

1	TVH	26
2	Shaftesbury Barnet	43
3	Ealing, Southall & Mdx.	49
4	Barnet & District	71
5	Harrow	80
6	London Heathsidgey	84
7	Enfield & Haringey	84
8	Highgate Hrs	89

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## Under 15 Boys 3820 metres

1	K. Hammond.	HRW	13.57
2	Y. Harizi	Enf & Har	14.03
3	J. Wooldridge	LH	14.15
4	G. Mellor	Enf & Har	14.20
5	M. Farah	ESM	14.22
6	J. Naylor	LH	14.26
7	A. Machin-Paley	Hig	14.42
8	J. Cooper	TVH	14.47
9	J. Millett	Hig	14.48
10	J. Gammel	HRW	15.15
11	T. Butler	Bar	15.19
12	J. Gilbert	TVH	15.22
13	J. Horrex	TVH	15.24
14	L. Marriott	TVH	15.26
15	J. Clifford	SH	15.31
16	G. Springer	Hig	15.36
17	H. Vinall-Smeeth	LH	15.54
18	J. Gray	TVH	16.13
19	R. Johnson	Hig	16.40
20	J. Crockford	LH	16.41
21	M. Cunningham	Bar	16.55
22	D. Lavin	Hig	16.57
23	A. Chown-Ahern	LH	16.57
24	C. McCarthy	ESM	17.01
25	D. Hannah	ESM	17.04
26	B. Weiss	LH	19.03

## Under 15 Boys Teams

1	London Heathside	46
2	TVH	47
3	Highgate Hrs	51
4	Enfield & Haringey	60
5	Harrow	65
6	Ealing, Soyhall & Mdx	81
7	Barnet & District	86
8	Shaftesbury Barnet	96

# NORTH WEST LONDON Y.A. CROSS COUNTRY LEAGUE

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## Under 17 Men 5120 metres

1	K. Langford ..	SH Bar	18.16
2	R. Johnson	SH Bar	18.55
3	P. Boyle	Hig	19.43
4	D. Oliver	SH Bar	19.45
5	B. Boxer	Bar	19.47
6	A. Emanuel	Bar	19.54
7	D. Szajna	LH	19.58
8	M. Woldemichael	Hig	20.11
9	A. Altmann	SH Bar	20.56
10	S. Cooper	TVH	21.04
11	A. Abdullah	TVH	21.21
12	R. Thompson	Bar	24.16
13	I. Turner	Hig	29.04

## Under 17 Mens Teams

1	Shaftesbury Barnet Hrs	16
2	Barnet & District	37
3	Highgate Hrs	38
4	TVH	49
5	London Heathside	49