

THAMES VALLEY HARRIERS WINTER 2011/12 FIXTURES

SEPT

Sat Sep 24 Southern Area Womens 4-stage & Young Athletes Relays Aldershot
 Sun Sep 25 Southern Area Mens 6-stage & Masters Road Relays Aldershot

OCT

Sat Oct 1 Southern Area Cross-Country Relays Biggleswade
 Thu Oct 6 TVH Primary Schools Relays 1.0pm Wormwood Scrubs
 Sat Oct 8 Metropolitan Cross-Country League 1 Claybury
 Sat Oct 15 ERRA Mens 6 & Womens 4 stage Road Relays Sutton Park
 Sun Oct 16 ERRA Young Athletes Road Relays Sutton Park
 Sat Oct 22 Liddiard Trophy Kingsbury
 Sat Oct 22 North West London Young Athletes League Bannister, Harrow

NOV

Sat Nov 5 National Cross country relays Mansfield
 Sun Nov 6 Stevenage Half-Marathon Stevenage
 Sat Nov 12 Metropolitan Cross-Country League 2 Stevenage
 Sat Nov 19 London Cross-Country Champs Parliament Hill
 Sat Nov 26 North West London Young Athletes League Alexandra Park

DEC

Sat Dec 3 North West London Young Athletes League Trent Park, Cockfosters
 Sun Dec 4 Perivale 5 Road Race Perivale
 Sat Dec 10 SEAA Masters & Inter-Counties Champs Croydon
 Sat Dec 17 Metropolitan Cross-Country League 3 Ruislip

JAN

Sat Jan 7 Middlesex County Cross-Country Champs Wormwood Scrubs
 Sat Jan 14 Metropolitan Cross-Country League 4 Trent Park
 Sun Jan 15 SEAA Indoor Championships (Part) Lee Valley
 Sat Jan 21 SEAA Indoor Champs (Part 2) Lee Valley
 Sun Jan 22 SEAA Indoor Championships (Part 3) Lee Valley
 Sat Jan 28 SEAA Cross-Country Champs Brighton

FEB

Sat Feb 4 Middlesex County Vets Cross-Country Champs Ruislip
 Sat Feb 4 North of Thames Cross Country Championships tbc
 Sun Feb 5 North West London Young Athletes League Wormwood Scrubs
 Sun Feb 5 Watford half marathon Watford
 Sat Feb 11 Metropolitan Cross-Country League 5 Horesenden Hill
 Sun Feb 19 Wokingham half marathon Wokingham
 Sat Feb 25 ECCA National Cross-Country Champs Parliament Hill
 British Masters Indoor Champs Lee Valley

MAR

Sat Mar 3 North West London Young Athletes League Horesenden Hill
 Middlesex & Herts Indoor Champs Lee Valley
 Sat Mar 17 English Schools Cross-Country Champs Ilton, Somerset
 Sun Mar 25 Southern Area 12 & 6 Stage Road Relays Milton Keynes

APR

Sat Apr 14 National 12 & 6 Stage Road Relays Sutton Park
 Sun Apr 22 Virgin London Marathon & London Mini Marathon London

Winter Season Teams :

Senior Men: Phil Wetton: 020 8459 6383 & valley@philsgrapevine.vispa.com
 Simon Maddison : 0797 089 2171 & smaddison@iee.org : Helper - Barrie Saunders : 07961 355394

Women : Lisa Da Silva : 07813 875798 & lisa_b_83@hotmail.com

Road : John Husbands : 07951927724 or 01895 623705 & jhusbands@sky.com

Young Athletes : Roy Clarridge : 01923 519 130 & royclarridge@yahoo.com

Road Relays - Men : Phil Wetton : as above & **Road Relays - Women :** Lisa Da Silva : as above